

insert for newsletter 25-01-2019

NYATSELA UPDATE

There are only seven months to go until the Form 3s set off for 3 weeks walking around Eswatini. I will provide an update every week to let the whole community know about the planning for this exciting new project. By 1 February we will have a page on the website which, among other things, will provide links to previous newsletter inserts, and offer a Q&A site where any interested party can post a question which I will answer.

A brief overview of some of the work we did last year in preparation for this event:

- spoke to five schools in SA who offer a similar initiative
- spent time with two of these schools (St Albans and St Andrews/DSG) on their 3-week walks, observing logistics and chatting to students and facilitators about various aspects
- discussed and decided on a route
- over the last 18 months, Siphon Mavimbela and myself and others have walked most sections and revised the route if necessary for reasons of safety, distance and suitability
- visited potential hosts
- engaged the services of a medical supervisor to co-ordinate our preparations, teach first aid and plan our emergency response
- started speaking to businesses etc who might be able to sponsor us
- planned the CAS lessons and training for the students for this year
- started planning the training for the adult facilitators

Upcoming updates will cover the following topics:

- health and hygiene
- safety and supervision
- overnight stops
- training
- route
- other – please write to me with your questions