



## Swazi Bucket List

1. Malolotja Nature Park
  - i. Canopy Tour – Zip lining adventure
  - ii. Hike / Swim at the Lower Potholes and many more
2. Mlilwane Nature Reserve
  - i. Biking / Horse Back Riding
  - ii. Sunset hike up Execution Rock (*see pic. above*)
3. Sibebe Rock – visit and hike the 2<sup>nd</sup> largest rock in the world. It is 3 billion years old and offers a stunning sight of the largest exposed granite dome in the world.
4. Mlawula Nature Reserve - Magadzavane Lodge
5. Nsangwini Rock Art – visit some of the oldest Bushmen paintings in Swaziland (near Maguga Dam) – add on a hike to the GAP for more adventure
6. Sheba's breast (Lugogo) hike
7. Ngwempisi Gorge (30km from Malkerns Valley) – stay at the beautiful Rock Lodge
8. Mahamba Gorge
9. Phophonyane Waterfalls (Piggs Peak)
10. Shewula Mountain Camp
11. Game Parks – visit one of Swaziland's many game parks for some thrilling encounters with wildlife: Hlane, Mbuluzi, Mkhaya, Nisela
12. Go to the Mdzimba Mountain range look-out for a stunning view of the Ezulwini valley
13. Attend the annual Umhlanga Reed Dance ceremony (August) or the Incwala (December) at Ludzidzini Royal Palace
14. Mantenga Cultural Village – for a glance into the Swazi traditional way of life, and whilst there you can take a fresh dip below the Mantenga Falls
15. House on Fire – make sure to attend a concert at this unique venue, host of the annual Bushfire music festival (end of May)
16. Explore the Swazi Arts scene: including Yebo Art Gallery, Mbabane Theatre Club, Rooted Souz & Arts Awake performances
17. Manzini Market – every Saturday, and Wednesday / Thursday mornings for clothes
18. Swazi Candles – see some of the beautiful hand-made products of Swaziland
19. Ngwenya Glass Factory – see age-old glassblowing techniques in action
20. Ngwenya Mine / Cave
21. Attend a soccer match at Somhlolo National Stadium
22. Movies at the MovieZone in the Gables, Ezulwini – Wednesday is half-price
23. Horse Riding – you can do this at Hawane / Nyanza Stables (Malkerns) / Mlilwane
24. White Water rafting with Swazi Trails – for exciting adventures on the Usuthu River
25. Paintballing in Ezulwini

## Eating Out

### 1. Mbabane:

- i. Ramblas Restaurant
- ii. Coconuts – Mozambican restaurant next to Serendipity
- iii. The Albert Millin – half-price Wednesday Pizza
- iv. Thyme
- v. Riverside Café
- vi. E-dish Café
- vii. Nandos – Portuguese style chicken
- viii. Ngwenya Glass Factory
- ix. Corporate Place: Ocean Basket / Green Chilli / Spur / Pizza Inn / Steers / Galitos

### 2. Ezulwini:

- i. Edladleni – Traditional Swazi Food
- ii. Calabash
- iii. Happy Valley
- iv. Mdzimba View – Shisanyama
- v. The Boma Restaurant – Pizza
- vi. Chinese restaurants – Luxy Gardens (Corner Plaza), The Great Taipei (The Gables)
- vii. Pub & Grill
- viii. Mvubu Falls

### 3. Mhlambanyatsi:

- i. Forrester's Arms – Sunday Buffet
- ii. In the Woods – Pizza

### 4. Malkerns:

- i. Swazi Candles (Malkerns) – Sambane Restaurant
- ii. Mandela's Restaurant
- iii. Sundowners Backpackers Restaurant
- iv. Shisanyama at Mahlanya market (PMG & DNT)
- v. Summerfields

*For more information: come to the WK Advancement Office*

